



819 W 36th St.  
Baltimore, MD 21211

Open 7am-3pm Every Day

410-235-5533  
www.commongroundhampden.com

@therealcommonground  
 /CommGroundCafe  
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# DRINKS

Milk Options: Whole or Skim    Alt Milks: Oat, Almond, Coconut +75¢    Extra Espresso Shot: +75¢    Double Shot: +\$1.50  
Flavor Syrups: Vanilla, Caramel, Hazelnut, Almond, Coconut, Sugar Free Vanilla, Sugar Free Caramel, Sugar Free Hazelnut

## COFFEE & TEAS

	12oz	16oz	20oz
<b>HOT DRIP COFFEE</b>	2.50	2.75	3.00
<b>ICED COFFEE/ICED TEA</b>		2.75	3.00
<b>CAFÉ AU LAIT</b>	3.00	3.25	3.50
<b>COLD BREW</b>		4.25	4.75
<b>HOT TEAS</b>		2.75	
<b>BOX OF COFFEE OR TEA</b> serves 8-10			16.99
<b>COLD BREW CONCENTRATE</b> 1 quart			18.99

## SPECIALTY BEVERAGES

	sm	lg
<b>AMERICANO</b>	2.75	3.75
<b>LATTE / CAPPUCCINO</b>	3.50	4.50
<b>CAFÉ MOCHA</b>	4.25	5.25
<b>MASALA CHAI</b>	4.00	5.00
<b>VANILLA CHAI</b>	3.75	4.75
<b>HOT CHOCOLATE</b>	2.75	3.75
<b>TEA LATTE / MATCHA LATTE</b>	3.50	4.50
<b>LONDON FOG</b>	4.25	5.25

## SMOOTHIES

<b>CHAI PEANUT BUTTER BANANA</b>	7.00
<b>STRAWBERRY BANANA SMOOTHIE</b>	7.00
<b>ORANGE CREAMSICLE SMOOTHIE</b>	7.00
<b>GREEN SMOOTHIE</b> apple, kale, ginger	7.00
<b>BLENDED ICED VANILLA LATTE</b>	6.75
<b>BLENDED ICED MOCHA LATTE</b>	6.75
<b>BLENDED ICED CHAI</b>	6.75

## CANS & BOTTLES

<b>COKE / DIET COKE</b> can	1.25
<b>BOTTLED WATER</b> Human Kind	2.50
<b>WATERLOO</b> watermelon, grapefruit, lime	2.50
<b>WILD KOMBUCHA</b> mango peach, ginger grapefruit, elderberry	4.70
<b>GINGER BEER</b> Main Root	2.75
<b>NANTUCKET NECTARS</b> apple juice, cranberry juice, orange mango	2.75
<b>ICARO YERBA MATE</b>	4.70



# FOOD

vegan    gluten free

## BREAKFAST SANDWICHES

All day, every day!

<b>EGG &amp; CHEESE SANDWICH</b> Choose: bagel, toast or croissant with avocado, sausage, bacon, ham or turkey	4.75 6.25	<b>NOVA SANDWICH</b> Lox, cream cheese, capers, tomato and onion on your choice of bagel	9.95
<b>THE FLORIDA HAM</b> Ham, cheddar and pepper jelly on a buttermilk biscuit	6.00		

## BAGELS, TOAST OR CROISSANTS

All day, every day!

<b>BUTTER &amp; JELLY</b>	2.75	<b>PEANUT BUTTER &amp; JELLY</b>	4.00
<b>CREAM CHEESE</b>	3.50	<b>VEGAN BUTTER</b> Earth Balance	3.00
<b>VEGGIE CREAM CHEESE</b>	4.00	<b>HUMMUS</b> house-made	4.00
<b>VEGAN CREAM CHEESE</b> Tofutti	4.25		
<b>Bagels:</b> Everything, Plain, Sesame, Asiago, Multigrain, Sun-dried Tomato, Cinnamon Raisin		<b>Bread:</b> White, Multigrain, Rye, Rosemary Ciabatta, Croissant	

## FRESH FROM THE BAKERY

Proudly making the best muffins in Baltimore!

<b>MUFFIN VARIETIES</b>	3.50	<b>COFFEE CAKE</b>	3.00
<b>MUFFINS</b>	3.75	<b>SCONES</b>	3.00
<b>COOKIES</b> 2pk	2.50	<b>BLACK BOTTOMS</b>	3.75
<b>SPINACH PIE</b> Spinach and feta on crispy phyllo dough	6.50		
<b>QUICHE DU JOUR</b> Made from scratch! Ask about our flavors.		slice 6.50    half pie 18.95    whole 29.95	

## SALADS

	sm	lg	sm	lg
<b>KALE &amp; QUINOA SALAD</b> Fresh kale with quinoa, red bell pepper, broccoli and carrots, tossed in a light ginger curry vinaigrette	4.50	7.50	<b>FRESH GARDEN SALAD</b> Mixed greens w/ tomato, cucumber, red onion & sprouts with our house balsamic vinaigrette Add chicken or tuna salad +3.00	4.50 7.50

## SANDWICHES

Comes with potato chips.  
Add a Garden or Kale Quinoa side salad for +2.50

<b>ELM</b> Our house chicken salad on whole wheat bread with bacon, muenster cheese and our sweet red pepper relish	<b>HICKORY</b> Bacon, lettuce & tomato on whole wheat with avocado, chipotle mayo and housemade chimichurri
<b>KESWICK</b> Sliced turkey breast on white bread with basil pesto, provolone cheese and sliced tomato	<b>POWERS</b> Our house-made garlic hummus on pita bread with lettuce, tomato, cucumbers, onion, sprouts & avocado on white bread
<b>FALLS</b> House-made tuna salad on toasted rye bread with swiss cheese, sliced cucumbers and alfalfa sprouts	<b>BUENA VISTA</b> House-made black bean burger with tomato, onion, mixed greens and chipotle tahini on white bread
<b>GRILLED CAPRESE PANINI</b> Tomato, mozzarella, spinach, sun-dried tomato pesto and fresh basil	<b>GRILLED TURKEY PESTO PANINI</b> Turkey breast, pesto, tomato and red pepper relish